



MIDDLE HARBOR SHORELINE PARK

May 2010

Family Nature Programs

BIRDING ON THE BAY



9-10:30am, Sat, May 1 & 29

Spring has sprung and birds are arriving in their breeding plumage! Observe the red-billed Caspian tern in all its splendor, spot an avocet's nest along the shore and hear the ringing of red-winged black birds.

DUNE RESTORATION

2-4pm, Sat, May 1 & 29

Have some fun while helping remove invasive species! Learn about the unique native dune plants that live on the edge of the Bay. Gloves and snacks provided.

FISH PRINTS BY THE BAY



1-2:30pm, Sat, May 8

Bring a t-shirt and learn about the many types of fish and SHARKS that live in the bay. Go home with a colorful fish t-shirt and fun fishy facts to share.

MIDDLE HARBOR SUNSET KAYAK!

Bring Your Own Kayak # 24591

6 – 8:30pm, Sat, May 8

Enjoy a relaxing kayak within the refuge of Middle Harbor. We will observe shorebirds up-close, learn about the Port of Oakland and see a beautiful sunset. (18+ yrs.)

Reg. Required: 1-888-EBPARKS

(1-888-327-2757) option 2,3

Or online at www.ebparksonline.org

Fee: FREE

bring your own kayak, personal floatation device and signed liability release form.



THE PULLMAN PORTERS OF WEST OAKLAND



11:30 – 12:30pm, Sat, May 15

Learn about West Oakland's rich African-American cultural heritage as we take a walk back in time. Who were the "Brotherhood of Sleeping Car Porters" and how did they achieve their revered status?

ART BY NATURE



2-4pm, Sat, May 15

Express yourself with paints and mediums from the earth. We will capture the wild skyscape of the San Francisco Bay and learn what art and science have in common. Supplies provided.

SUNDAY STROLL



10– 11:30am, Sun, May 23

Spectacular city views can be observed from this jewel of a park nestled alongside Oakland's bustling port. Join us as we discuss the history and habitats of this wonderful park. Sorry, no dogs allowed on this hike.

BIKE PARADE TO THE BAY

2 – 4pm, Sun, May 23 # 24594

Join other bike & nature enthusiasts for a ride with your local naturalist out to Middle Harbor. Learn why Middle Harbor is the coolest park in the East Bay! Meet at West Oakland BART station. First 40 people will receive a FREE bike helmet for your safety. 12+yrs.

Reg. Required: 1-888-EBPARKS

(1-888-327-2757) option 2,3

Fee: FREE

Must wear a helmet and sign a liability release form.